LJ & FAMILY · MINISTRY KIT · EPISODE 20

Show and Tell

A 20-minute lesson for Sunday school, VBS or midweek kids · Matthew 5:16 and John 4:4–42

Questions or a church request: hello@ljandfamily.com · ljandfamily.com

AGES	4–10 (adaptations for 3–5 and 10–12 at the end)
YOU NEED	A screen for the episode · a children's picture Bible · a flashlight or battery candle · crayons · the coloring page
EPISODE	Ep 20, Show and Tell (3:49) · youtu.be/9dcG_Ij-e1k
MEMORY VERSE	"Let your light shine." Matthew 5:16
BIBLE STORY	The woman at the well tells her town about Jesus (John 4:4–42)
THE ONE THING THEY TAKE HOME	God's love is the best thing we could ever share. We don't hide our light; we tell others about Jesus.

The class plan

MIN		WHAT HAPPENS
0–2	**Welcome**	Ask: "What would you bring to Show and Tell? Have you ever felt nervous to share something?" Let a few children answer.
2–6	**Watch**	Show Ep 20, Show and Tell (3:49).
6–10	**Talk**	Three questions below. Let them answer before you do.
10–13	**Bible**	Tell the story of the woman at the well (John 4:4–42).
13–18	**Activity**	Pass the light, then show and tell a Bible story (below).
18–20	**Pray**	Close with the episode prayer.

Talk about it (5 minutes)

1. Why did LJ keep his picture Bible hidden in his backpack? Have you ever been afraid others would laugh?

LJ loved his Bible stories, but he was afraid the kids would laugh. Help children see that feeling nervous is normal, and that God gives us courage.

2. When Little Dad showed his grandpa's wooden cross, Eddie wanted to hear more. What happened when LJ shared his story?

When LJ shared, Mateo said he knew the story too and Marcus asked for another one. Sharing God's love brings people closer.

3. The woman at the well said, "Come and see!" Who could you tell about Jesus this week?

Help children name real people: a friend at school, a neighbor, a cousin. Telling a Bible story or inviting a friend to church lets your light shine.

Open the Bible (4 minutes)

"Even so, let your light shine before men, that they may see your good works, and glorify your Father who is in heaven." Matthew 5:16 (WEB)

How to tell it

Set the scene: Jesus was tired from walking and sat down by a well. A woman came to get water, and Jesus talked with her kindly and told her about God's love. Pause and ask: what would you do if you met Jesus? The woman was so excited that she left her water jar and ran into town. "Come and see!" she told everyone. The people followed her all the way out to the well and listened to Jesus. Finish: many of them believed in Him, all because she told (John 4:39).

Going deeper with older kids

With older kids, read John 4:4–15 and 4:28–42 together. Why did the woman leave her water jar behind? What did the townspeople say at the end (verse 42)? Connect it to Matthew 5:16 and Psalm 9:1: when we tell of God's marvelous works, our light shines.

Activity: Pass the light and show and tell (4 minutes)

- Pass a flashlight or battery candle around the circle. Whoever holds the light says one thing they love about Jesus.
- In pairs, practice telling a favorite Bible story in three sentences, like LJ practiced with Jakayla.
- Invite a few volunteers to show and tell their story to the class. Cheer for everyone who shares!
- Optional: act out the woman at the well running to town, calling, "Come and see!"

A WORD OF CARE

Some children are very shy, and some come from homes where faith isn't talked about. Never force a child to speak in front of the group; let them share with a partner or draw instead. Celebrate courage, not performance.

Close in prayer (2 minutes)

Have the children fold their hands and repeat after you, one line at a time:

God, thank You for my Bible and for Your love. When I feel shy, give me courage to share it. Help me let my light shine, like the woman at the well who told her whole town about Jesus. Amen.

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Adaptations

Ages 3–5

Look at a picture Bible together, point to the pictures, then say “Let your light shine!” with hands opening like a light.

Ages 10–12

Do the Going Deeper section. Talk about real moments when it’s hard to share your faith, and practice kind, simple words.

Large group

Do the story practice in small groups with a leader in each. Take three answers to each question.

Short on time (10 minutes)

Watch from Show and Tell Friday (2), one question (2), tell the woman at the well (3), say the verse (2), pray (1).

A note for teachers

The heart of this lesson is that God’s love is worth sharing, even when we feel nervous. Children should leave knowing one Bible story they can tell, and one person they can tell it to.

Send the family guide home with every child so families can watch and talk about it together. It is free to print and share at ljandfamily.com.