

Doctor Day

GOD'S WORD

“Don’t you be afraid, for I am with you. Don’t be dismayed, for I am your God. I will strengthen you. Yes, I will help you. Yes, I will uphold you with the right hand of my righteousness.”

Isaiah 41:10 (WEB)



THE STORY

At his check-up LJ spots a tiny needle and hides behind Mom’s chair. That night Mom prays with him and reminds him God is with him everywhere. Dad tells how he once ran out of the doctor’s office, and big sister Nykira explains how shots help the body fight germs. On Friday LJ goes back, holds Mom’s hand, says his verse and counts to three.

Grandma tells how Daniel trusted God in the lions’ den, and God shut the lions’ mouths (Daniel 6).

TALK ABOUT IT TOGETHER

1. Why did LJ hide behind Mom’s chair? What makes you feel scared?
2. What did Dad do at the doctor when he was little? What helped him be brave?
3. Daniel trusted God in the lions’ den. What can you say or do when you feel scared?

PRAY TOGETHER

God, thank You that You are always with me, even when I feel scared. When I go to the doctor or face something hard, help me remember You are holding my hand. Make me brave like Daniel. Amen.

TRY THIS WEEK

Make a brave plan together: pick a hand to hold, a verse to say (Isaiah 41:10) and a number to count to. Practice it at home with a pretend check-up using a toy or a spoon as the doctor’s tools. Before the next doctor or dentist visit, pray together in the car.

DRAW IT

Draw yourself being brave at the doctor, with God right beside you and a big star sticker on your shirt.

